

# SPUR

## A WRITE IT OUT® NEWSLETTER

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Editor: Ronni Miller

*WRITE IT OUT® (WIO) is a motivational and expressive writing program for individuals of all ages*

### EDITOR'S MESSAGE

Fall inspires new beginnings. Although the season is subtle in this west coast Florida community beside the Gulf of Mexico, it promises the excitement of newness to me as it once did as a child with new pencils, erasers, crayons, and notebook stashed in my sack on the first day of school along with curiosity of what I would learn. I'm looking forward to our first Creative Writing workshop in November entitled "Defining Moments" and the sharing of these special moments in prose, poetry or theater pieces around the table. All of us have experienced, at least in hindsight, a moment that changed our lives. This workshop will be the opportunity to write about it. Our creative and expressive writing home based workshops are ongoing through the school year from November to June and each one promises stimulating and creative themes to produce work in a relaxed home setting beside the pond. It's also an enjoyable atmosphere for private sessions to work on your personal material. New this year is Tutoring in Writing available for junior high through college students. Workshops continue at colleges, education centers, libraries and conventions. See our writing retreat offerings. **Join us and experience my Write it Out approach to writing and learning. There is no better time than NOW.**

### WRITE IT OUT CELEBRATES NINETEEN

The success of a defining moment is celebrated nineteen years later. The concept of WIO was born in my eclectic cabin in Woodstock, New York overlooking a field of winter hay undulating in the breeze. At a career crossroads to decide my future working as a freelance writer, teacher, editor, copywriter, and playwright, I felt the need to focus on one career that was meaningful, fulfilling, creative and financially supportive. In that one defining moment, I chose the path less traveled and it has made all the difference in my life. What began as a concept blossomed into a recognized program in the United States and abroad that is taught as workshops in schools, hospitals, medical practices, learning centers, libraries, schools and private locations. My private practice gives one-to-one attention to those needing editorial assistance and personalized expressive writing exercises. In addition, Write It Out provides writing retreats in Italy, Bermuda, Cape Cod and this year in New York. Our text *Dance With The Elephants- Free Your Creativity And Write* is in its third printing. *Cocoon to Butterfly*, a book on expressive writing, WIO's newest path, is nearing completion.

### PRIVATE PRACTICE GROWS

My private practice continues to grow thanks to the continued recommendations of clients and referrals from professionals. As editor, I'm proud of the many people who have gone on to publish their memoirs, personal essays, fiction, and poems. Together we envision the project and work on the organization of the material for publication. As expressive writing facilitator I've guided clients to release life-altering events through writing for the purpose of self-understanding, relief and reduction of stress. Psychotherapists and doctors refer clients to me for this purpose. There is a 10% discount off the total price if you sign up and pay in advance for four sessions. Call Ronni at 941 359- 3814 or e-mail [RMillerWIO@aol.com](mailto:RMillerWIO@aol.com) to discuss your project and set up an

appointment.

### **TUTORING IN WRITING**

Students gain writing skills from a sensitive, understanding and experienced teacher who individualizes the approach to private tutoring. Middle, high school and college students benefit from my expertise as writer, editor and educator who is a graduate of Boston University, former classroom teacher of English and writing, current professional writer, editor, copywriter, playwright, as well as Director, Founder and Curriculum Developer of the WIO program. There is a 10% discount off the total price if you sign up and pay in advance for four sessions. Call Ronni at 941 359- 3814 or e-mail [RMillerWIO@aol.com](mailto:RMillerWIO@aol.com) to discuss your needs and set up an appointment.

### **HOME-BASED WORKSHOPS CONTINUE IN SARASOTA, FL**

Write at home. Mine. Our ongoing five-week WIO home-based workshops stimulate your imagination and encourage your expression of feelings, memories and experiences in both Creative and Expressive Writing. Relax and join us around the table in a home setting for hands-on writing exercises and sharing of your prose, poetry, theater and journal pieces. Students have said that the “workshops are so much fun”, “have helped search deeper within myself”, and are a “safe place to share stories”. See the “Workshop Schedule 2010-2011 for details and other offerings. Long distance learning can also be designed for your particular needs. Contact Ronni at [RMillerWIO@aol.com](mailto:RMillerWIO@aol.com) for more information. See our other workshop offerings at colleges, an education center and regional library under “Workshop Schedule”.

### **WRITE IT OUT PERKS**

Register early and pay in advance for a five-week **home-based WIO workshop** and save \$5.00. Bring a friend who signs up for a home-based workshop in Sarasota, FL and save \$10.00 off your five-week tuition. Early birds who sign up and pay for a five-week workshop in advance of the first class are entitled to one free private session.

### **MOTIVATIONAL SPEAKER**

There are still openings in 2011 to book a WIO “WRITE YOUR STORY”, a motivational lecture or mini workshop on the benefits of expressive writing for personal growth. Simple, valuable techniques from the WIO program are described and illustrated. Ronni Miller, presenter, is a former actress turned writer and entrepreneur. Past speaking engagements include Sarasota, Memorial Hospital, The National Association of Poetry Therapy, National Council Teachers of English. Rates are reasonable. Contact [RMillerWIO@aol.com](mailto:RMillerWIO@aol.com) or 941-359-3824.

### **COME ALONG AND DANCE WITH THE ELEPHANTS**

*Dance With The Elephants-Free Your Creativity And Write* by Ronni Miller is in its third printing. Read essays on the writing life and work through exercises that are used in WIO workshops. The text is used with all WIO workshops and is available for \$15.00. See [www.writeitout.com](http://www.writeitout.com) for more information.

### **NEW MARKET EXPANSION**

WIO has expanded into the health care market. The program continues to teach people how to use this simple yet powerful program for healthful purposes. I've offered workshops in hospitals and doctor's offices and in May of 2011, I'll present at the Psychodrama Training Institute of Chicago's 69<sup>th</sup> annual conference and talk about the benefits of expressive writing for elders.

### **WRITING RETREATS**

You deserve time for yourself. Write, relax, enjoy and create in special locations. Ideal for anyone seeking a comfortable, peaceful setting free from the pressures of life, who yearn for the luxury of personalized attention from a professional.

- “Only For Romantics” June in Bermuda
- “Viva Italia” July in Tuscany

- “Something’s Fishy” August in Wellfleet, Cape Cod
- \*\*\*\* •“Magic Mountains” September in Woodstock, NY

WIO Writing & Painting vacation workshops began in 1977 in Tuscany, Italy. Since then we have continued to offer summer workshops and retreats in Italy and elsewhere. Aware that life is often frenetic and solace is needed to create, WIO continues this year to offer you a few days of blissful time to write in romantic settings. Each retreat is held at a small hotel, Inn or home chosen for its graciousness and charm and facilitated by me. You are free to choose other accommodations in the area. Transportation, accommodations, food and sightseeing are extra. However, early registration and payment of tuition is required. If there are not enough registrants for a particular retreat (6 in Bermuda & Tuscany), tuition is refunded in full. Last minute cancellations are treated on an individual basis. Retreat offers are dependent on registration and could be canceled by March 1, 2010. \*\*\*\***The Woodstock, NY retreat offers one-day or hourly rates and can be booked a few weeks in advance.**

See pictures and more information on the website [www.writeitout.com](http://www.writeitout.com) or contact [RMillerWIO@aol.com](mailto:RMillerWIO@aol.com) or 941-359-3824.

### SUNDAY SALONS

Share your writing, art, music, acting in an intimate “at home” setting in Sarasota during the winter months. Invitations will be sent to interested participants.

### CALL FOR SLICE OF LIFE READERS THEATER PIECES

WIO students send your slice of life story, poem or theater pieces fact or fiction to be considered for our 2011 Spring Show in Sarasota. Pieces are **in the first person** of not more than **3 minute** spoken length. Include a 50-word bio for the program. Actors will read for those people unable to be present. Payment is in programs. If piece is accepted a suggested \$5.00 donation will be accepted for printing and production costs.

## WORKSHOP SCHEDULE FOR 2010-2011

(\* ongoing workshops through June of 2011)

### CREATIVE WRITING \*:

Pinehurst Village, Sarasota, FL

1st term: Thurs. Nov. 11, 18 Dec. 2 9, 16, 2010- 1:30-4:00 PM

2nd term: Thurs. Jan. 6, 13, 21, 29, Feb. 10, 2011- 1:30-4:00 PM

3rd term: Thurs. Feb. 17, 24, March 3, 10, 17, 2011- 1:30-4:00 PM

4th term: Thurs. March 24, 31. April 7, 14, 21, 2011- 1:30-4:00 PM

5th term: Thurs. April 28, May 5, 12, 19, 26, 2011- 1:30-4:00 PM

Tuition: \$270.00 or individual classes @\$60.00.

Facilitator: Ronni Miller

Registration: [RMillerWIO@aol.com](mailto:RMillerWIO@aol.com) or 941-359-3824.

A workshop to write fiction, creative non-fiction, poetry and theater pieces.

### EXPRESSIVE WRITING\*:

Pinehurst Village, Sarasota, FL

1st term: Sat. Jan. 8, 15, 22, 29, Feb. 12, 2011 -10:30 AM-1:00 PM

2<sup>nd</sup> term: Sat. Feb. 19, 26, March 5, 12, 19, 2011-10:30AM-1:00 PM

3<sup>rd</sup> term Sat. April 2, 9, 16, 23, 30, 2011-10:30 AM-1:00 PM ?

4<sup>th</sup> term Sat. May 7, 14, 21, 28, & June 4, 2011- 10:30 AM-1:00 PM

Tuition: \$270.00 or individual classes @ \$60.00.

Facilitator: Ronni Miller

Registration: [RMillerWIO@aol.com](mailto:RMillerWIO@aol.com) or 941-359-3824.

A workshop to write journals, poetry, & prose for the purposes of personal growth and wellness.

### WRITE YOUR STORY

State College of Florida, Lakewood Ranch Campus

Wed. Oct. 13, 20, 27, Nov., 10, 17, 2010 6:00-8:00 PM

Wed. Feb 9, 16, 23, March 2, 9, 11, 2011 6:00-8:00 PM

Tuition: \$65

**Facilitator: Ronni Miller**  
**Registration: 941-752-5203**  
**A workshop to write your life story.**

**EXPRESS YOURSELF THROUGH WRITING**

**The Longboat Key Education Center, Longboat Key FL**  
**Tues. Jan. 4, 11,18, 25, Feb. 1, 8, 15, 2011 1:00-3:00 PM**  
**Tuition: \$125**

**Facilitator: Ronni Miller**  
**Registration: 941-383-8811**  
**A workshop to express your story through journal writing, memoir, fiction or poetry.**

**YOUR STORY IN WORDS**

**Ringling College of Art & Design, Sarasota, FL**  
**Mon. Feb. 14, 21, 28, March 7, 14, 21 2011 6:00 -8:00 PM**  
**Tuition: \$155**

**Facilitator: Ronni Miller**  
**Registration: 941-955-8866**  
**Free feelings, experiences and memories through writing, art and theater exercises.**

**CREATIVE WRITING IN THE MOUNTAINS**

**Greenville Public Library, Greenville, NY**  
**Mon.-Fri. Sept. 12-16, 2011 10:00 AM-12 noon.**  
**Tuition: Free**

**Facilitator: Ronni Miller**  
**An intensive one-week workshop to write fiction, fact and poetry.**